

One Syllable Words with Vowel Sound E (rEd)

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The /e/ sound is spelled three different ways in the OnTrack Reading curriculum and in English words generally. The words in this list use the e spelling of the /e/ sound while the other spellings are covered in a later list.

The words in the list below start with basic code consonant spellings, then progress to more complex consonant spellings. The words marked with an asterisk (*) contain consonant spellings that are not taught explicitly in the OnTrack Reading curriculum. Words with a double asterisk (**) contain very rare spellings of a sound.

ebb	bred	let	swept
bed	red	melt	web
fed	bless	met	weld
beg	cress	nest	well
egg	desk	net	welt
keg	dress	pelt	went
bell	less	pest	wept
elf	mess	pet	west
elk	press	rent	wet
fell	self	rest	zest
fled	sell	sect	flesh
held	send	sent	fresh
led	sled	set	mesh
leg	smell	slept	shed
elm	spell	spent	shelf
helm	spend	stem	shell
hem	belt	step	shred
bend	bent	stress	deck
blend	best	tell	neck
den	bet	tempt	peck
end	crept	ten	speck
fend	crest	tend	belch
glen	dent	tent	bench
hen	felt	test	check
lend	get	trek	chess
men	jest	trend	chest
mend	jet	vent	drench
help	kept	vet	stench
peg	left	dwelt	trench
pen	lent	swell	depth

theft
thresh
them
then
fetch
sketch
stretch
length
strength
when
quench
quest
flex
next
sex
text
vex
wreck
wren
wrench
cell
cent
dense
else
fence
hence
sense
tense
lens
guess
guest
gel
gem
dredge
edge
fledge
ledge
pledge
wedge
selves

chef
scent *
debt *