

OnTrack Reading Vision Assessment Checklist

(See ontrackreading.com/the-vision-piece/vision-assessment-checklist for further explanation)

Parent Observations (asked of parent without child present):

- 4 Either parent had an obvious vision problem as a child
- 4 Either parent had trouble initially learning to read in school
- 4 Siblings of child or parents had trouble with initial reading
- 4 Child does not read for pleasure
- 3 Child is somewhat clumsy, bumps into things, trouble catching ball

Client Observations (questions for client):

- 5 Gets headaches after reading a while
- 5 Eyes water, itch or otherwise bother when reading or soon after
- 5 Print gets blurry
- 5 Words sometimes double up
- 5 Words move around on the page

Posture Observations when reading (observed immediately):

- 5 Occludes one eye
- 4 Excessive head tilt, resuming after correction
- 3 Eyes very close to page, resuming after correction
- 2 Overall odd posture, resuming after correction
- 2 Tracks with head movement
- 1 Tracks with finger

Behavioral Observations when reading (consistently observed after reading several minutes):

- 5 Yawns, tears or cries
- 4 Rubs eyes
- 4 Reading pace slows noticeably over time
- 3 Reading pace quickens after short break
- 2 Excessive blinking
- 2 Loses place
- 2 Skips lines
- 2 Skips words
- 2 Fidgeting grows noticeably
- 2 Avoidance tactics increase noticeably

Observations when writing:

- 3 Very poor letter formation
- 2 Words sloping away from line
- 1 Words begun well to the right on a line

Later Behavioral Observations (after five or six sessions):

- 5 Still does not read for pleasure
- 4 Continued failure to infer patterns in words
- 3 Reversals of b/d persist in reading or writing